



NATIONAL PAMILIES





# 23-26 January 2015 Camp Keswick, Rotorua

Planning for our National Family Camp is already underway and we are looking forward to seeing you there! The theme for 2015 is Outer Space!! Numbers are limited so it is important that you get your Registration Forms back to us as soon as possible to avoid disappointment!

## What is National Family Camp?

The National Family Educational Camp is an educational weekend for those families who have a child with a bleeding disorder aged between 0 to 10 years – with a fair bit of fun and relaxation mixed in. **Catering to the whole family, this weekend is often considered the most important and helpful HFNZ event that parents attend.** 

Whether this is your first or your fifth new families' camp, this is a really great opportunity for you to meet other parents raising children with a bleeding disorder, for your children to interact with others who understand the same issues they live with, and for all to learn from each other.

The programme is shaping up. There are Educational Sessions for adults, two concurrent Kids Clubs (4-7 years and 8-12 years) and a well supervised crèche programme running at the same time. There will also be plenty of opportunities for **FUN** family times and an outing.

Education Sessions are likely to include bleeding disorders, physiotherapy & sports, nutrition, opportunities to learn selfinfusion, raising children with bleeding disorders and siblings, etc. Please let us know any specific topics that you would like to see in the Programme; we will attempt to address these.

The Kids Club will offer lots of fun and activities as well as some special education time just for children with bleeding disorders and their siblings.

#### When?

Friday 23 to Monday 26 January 2015.

#### Where?

Camp Keswick is located in Rotorua, on Holdens Bay on the outskirts of Lake Rotorua.

#### Who?

The camp is open to families with children with bleeding disorders aged 0 to 10 years who are financial members of HFNZ. The camp is for the whole immediate family, including siblings.

### Cost?

The Camp Fee has been set at \$50 per person, to a maximum of \$200 per family. This includes accommodation, travel (if needed) meals, and activities. Please include the Camp Fee with your Registration Form or see options on the Registration Form.

#### How to register?

Complete registration online (follow link on Events page) or use the enclosed registration forms and return by post or email (leanne@haemophilia.org.nz).

You will receive further details closer to the time of the camp.

#### **Registration deadline?**

Please send your Registration Form in as soon as possible (Protocols and Registration Fee can be sent in at a later date if necessary)

NB - Registrations close when spaces are full – so send yours in early to guarantee your spot!

## Venue:

Keswick Christian Camp is located in beautiful Rotorua - New Zealand. 5 Cooper Ave, Holdens Bay, only 10 minutes from the centre of Rotorua (<u>www.keswick.org.nz</u>). The six acres of grounds and surrounding playing fields can accommodate a wide range of activities. Many recreation activities are available onsite. Camp Keswick has several different accommodation types. Each family will have their own cabin. Families will be required to bring their own sleeping bags / bedding, pillowcase and towels. Communal ablution blocks are also situated close to each accommodation area.

Please note that the camp is situated on a lake and families will need to supervise their own children outside of Kids Club and crèche activities.

## Meals:

"Our [children] loved camp. Sleeping in bunks and in sleeping bags was half the fun. The childcare arrangements were fantastic and meant we could enjoy the professional speakers without disruption. [The HFNZ team] covered every detail of camp to make everything run so smoothly. We are getting to know the other families better each time we meet. It's great to share our experiences of haemophilia with other parents..."

All meals will be provided, from Saturday dinner through to Tuesday breakfast. Please indicate on the Registration Form should you have special dietary requirements. If your child has particular dietary needs or restrictions please ensure you let us know or bring appropriate supplies.

There will be roster to help with serving up meals, setting tables and doing dishes. It is up to everyone to step up and help out to make it a fun time for all.

## Transport:

Please ensure you complete the Travel Request Form with your registration.

Due to a limited budget, we ask that families who live in the North Island drive to Camp if possible to save on airfares. If needed, petrol vouchers are available to assist with the cost of transport. Please note this on your registration if vouchers are needed.

Return flights to Rotorua will booked for families from the South Island or those who cannot drive to Camp. HFNZ will pay for Smart Saver Fares to and from Rotorua. If you require higher fares due to late booking or personal requirement your family will need to pay the difference in fares.

## Arrival and Departure:

You can arrive at Camp Keswick on Friday 23<sup>rd</sup> of January, any time after lunch. The Official Opening of Camp will be around 3:00 p.m.



You can depart Camp Keswick on Monday 26<sup>th</sup> January, any time after the Camp Clean-Up and Official Closing at 11:00 a.m. Please note: these times will be confirmed closer to the time of Camp, once the Programme has been finalised.

### Medical:

Families will need to bring their own Treatment Products (i.e. Kogenate, Advate, Xyntha, BeneFIX, DDAVP, etc) to Camp, together with all the gear needed to administer treatment. Sharps containers will be available for disposal of medical waste. There will be a Treatment Room at Camp, and here will be Nurses present. Other than emergencies, the nurses will only be there to assist those with bleeding disorders. There will be a First Aid Kit on site for minor injuries.

Please complete the enclosed Medical Protocol for each person with a bleeding disorder, and have it signed by your Clinician. This is important information for the Nurses in case of an emergency. (Please note - you can send your Medical Protocol in at a later date than your Registration Form).

## Camp Fee:

The Camp Fee has been set at \$50 per person, a maximum of \$200 per family. This includes accommodation, travel (if needed) meals, and activities. Please include the Camp Fee with your Registration Form or see options on the Registration Form. If payment of the Camp Fee is a problem, please discuss this with your Outreach Worker.

## **Registration:**

Please complete the enclosed forms and return to:

FREEPOST 188174 Haemophilia Foundation P. O. Box 7647 Sydenham Christchurch 8240 Attention: Space Camp

Please send your Registration Form in as soon as possible (Protocols and Registration Fee can be sent in at a later date if necessary)

NB - Registrations close when spaces are full – so send yours in early to guarantee your spot!

## Further Information:

If you have any questions about the camp please phone your Outreach Worker:

Sarah Preston (Northern)	(09) 845 4658
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Joy Barrett (Midland)	(07) 856 3662
Lynne Campbell (Central)	(04) 382 8442
Linda Dockrill (Southern)	(03) 371 7485
or Colleen McKay (HFNZ National Office)	(03) 371 7477

or 0508 FACTOR(322867) for those from outside main centres

We look forward to seeing you at the National Family Educational Camp.

Colleen McKay Manager - Haemophilia Outreach Service / Family Camp Co-ordinator